

Weekly Meal Menu - SC World Academy

	MON 16-Apr	TUE 17-Apr	WED 18-Apr	THU 19-Apr	FRI 20-Apr	SAT 21-Apr	SUN22-Apr
B R E A K F A S T							
Cereal						Chocos	Flv. Cornflakes
Fruit	Cut Papaya	Water Melon	Musk Melon	Cut Papaya	Water Melon	Musk Melon	Mix Fruit
Milk	Hot & Cold	Hot & cold	Hot & cold	Hot & cold	Hot Choc. Milk	Hot & cold	Hot & cold
Bread	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**
Main Dish	Corn & Cheese Croquette	Stuffed Kulcha	Aloo Onion Parantha	Pav Bhaji	Gr.Cheese S/w	Chole Bhature	Gobhi Parantha
Egg	Boiled Egg	Veg Poha	Egg Bhurji	Veg Upma	Ommelete	Egg Bhurji	Ommelete (Live)
L U N C H							
Salad 1	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dal	Dal Makhani	Veg Kadhi	Choley Amritsari	Hing Dal Tadka	Black Masoor	Dahba Dal	Rajma
Veg 1	Soya Mattar	Baingan Bharta	Aloo Achari	Lauki Kofta	Matar Paneer Gravy	Mixed Vegetables	Palak Corn
Veg/Conti.	Veg Lasagne	Saute Vegetable	Egg Curry	Penne in Vegetarian Bolognese Sauce	Veg Mussaka	Mushroom Matar Korma	Pommes Gratin
Curd/Soup	Cucumber Raita	Methi Matar Soup	Lauki Raita	Curd	Boondi Raita	Aloo Raita	Plain curd
Rice	Dhaniya Rice	Steam Rice	Onion Rice	Steam Rice	Jeera Rice	Steam Rice	Mattar Pulao
Breads	Roti,Parantha, Bread	Roti,Parantha,Gr.Bread	Roti,Parantha,Msl.Bread	Roti,Parantha,Gr.Bread	Roti,Parantha,Msl bread	Roti,Prantaha, Bread	Roti,Parantha,Onion Bread
	Mix & Tomato Chutney	Mix & Green Chilly	Mix & Green Chutney	Mix & Garlic Red Chilly	Mix & Green Chilly	Mix & Green Chilly	Mix & Green Chilly
Dessert	Ice Cream		Pineapple Pastry		Suji Halwa		Jalebi
S N A C K S							
Snacks D/B	Paneer Puff	Cheese Tomato S/w	Oats Hearts	Carrot & Zucchini Muffin	Aloo Bonda		
Snacks R/B	Paneer Puff	Cheese Tomato S/w	Oats Hearts	Carrot & Zucchini Muffin	Aloo Bonda	Veg Quesadilla	Maggi
Fruit	Banana	Apple	Banana	Apple	Banana	Fruit Chat	Water Melon
Refreshment	Tang Water	Nimbu Pani	Orange Glucon D	Nimbu Pani	Jaljeera	Glucon D	Mint Nimbu Pani
D I N N E R							
Soup	Veg Clear Soup	Sweet Corn	Hot n Sour	Manchow Soup	Cream of Carrot	Tomato Shorba	Vegetarian Thukpa
Salad 1	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Salad 2	Crispy Noodles	Murmura Salad	Tossed Salad	Aloo Chat	Poha Salad	Waldrof	Beetroot
Dal	Dal Tadka	Dal Urad Channa	Kala Moti Dal	Chana Dal	Moth Dal	Moong Dal	Dal Makhani Wali
Veg 1	Goan Vegetable Curry	Sam Savera Kofta	Shahi Paneer	Navratan Korma	Paneer Kadhai	Shahi Malai Kofta	Paneer Kasori Metthi
Veg/Conti.	Veg Manchurian (live)	Tawa Veg (live)		Chilly Patato (live)		Veg Macroni (live)	
Non.Veg.			Fried Chicken		Chicken Beliram		Kali Mirch Ka Dahi Murg
Rice	Rice	Onion Rice	Rice	Jeera Rice	Plain Rice	Masala Pulao	Plain Rice
Breads	Roti,Parantha, Bread roll	Roti,Parantha, Gr.Bread	Roti,Parantha, Bread roll	Roti,Parantha, Hard Roll	Td.Roti Naan,Bread	Roti prantha, Bread Stick	Roti, Parantha,Bread
	Mix & Green Chutney	Mix & Green Chilly	Mix & Tomato Chutney	Mix & Green Chilly	Mix & Green Chilly	Mix & Hot Garlic Sc.	Mix & Green Chilly
Dessert	Gulab Jamun	Gui Cake	Ice Cream	Fruit Custard	Mango Suffle	Rajbhog	Vermicilli Kheer
*** Menu Subject to change according to the availability of seasonal vegetable & raw material							
Wbbj*	White Bread Butter Jam						
Bbbj**	Brown Bread Butter Jam						